

## Improving Care Coordination and Integration for People with Spina Bifida And their Families

To build a better and brighter future for all those impacted by Spina Bifida

# Enhancing Care Coordination in SB Clinics



- SBA and You
  - Is care fragmented for your patients?
  - Do you know if there is effective communication among the many HCPs seeing your patients?
  - Do you have FTE committed to care coordination activities?
  - Are care coordination activities reimbursed in your state?
- Can we help you?
  - Assess the experiences of your patients and families?
  - Assess the care coordination activities you perform and the results of these activities?
  - Collect data to make improvements in your patient outcomes?





- 1. Share tools that are freely available and in the public domain to improve care coordination and care integration.
- 2. Review experience of Spina Bifida clinics across the U.S. in their adaptation and implementation of care coordination tools and measures, participation in the Care Coordination Academy, supported by HRSA

### **Care Coordination Academy Panel**



- Shannon Bevans, Arnold Palmer Hospital, Florida
- Rhonda Cady, Gillette Children's Specialty Healthcare, Minnesota
- Sierra Smith, Living with SB Central Pennsylvania, Support Group
- Jenetta Thomas, Cincinnati Children's Hospital, Ohio

### Clinic Care Partner Standard #5



- access to integrated services and resources
- linked services and systems with the family and/or caregiver
- avoidance of duplicative and unnecessary costs, and
- advocacy for improved individual outcomes.

ASSOCIATION



### **Shannon Bevans**

6



## Rhonda Cady

7

# Gillette Children's Specialty Healthcare NCCA Experience and Takeaways



- Clinical Site: Gillette's Complex Care Program → many persons with spina bifida
- Primary Objective: Define our Care Integration 'Value Proposition' → Gillette Leadership, Payers and Patients/Families
  - Parent Perception of Care Integration PRO
    - Purpose: Measure impact of care integration process improvement activities
    - Aligned with National Care Coordination Standards<sup>1</sup>
    - PICS (Pediatric Integrated Care Survey)<sup>2</sup>
    - FECC (Family Experience with Care Coordination Survey)<sup>3</sup>
    - NSCH (National Survey of Child Health)<sup>4</sup>
- 1. National Academy for State Health Policy. National Care Coordination Standards for Children and Youth with Special Health Care Needs. In: National Academy for State Health Policy; 2020:31.
- 2. Ziniel SI, Rosenberg HN, Bach AM, Singer SJ, Antonelli RC. Validation of a Parent-Reported Experience Measure of Integrated Care. Pediatrics. 2016.
- 3. Gidengil C, Parast L, Burkhart Q, et al. Development and Implementation of the Family Experiences With Coordination of Care Survey Quality Measures. Acad *Pediatr.* 2017;17(8):863-870.
- 4. Data Resource Center for Child & Adolescent Health, Adolscent. National Survey of Children's Health. <u>https://www.childhealthdata.org/learn-about-the-nsch/NSCH</u>. Published 2021. Accessed 9/27, 2021.

© Spina Bifida Association

# Gillette Children's Specialty Healthcare NCCA Experience and Takeaways



- Care Coordination Activity/Time Tracking (modified CCMT)<sup>5</sup>
  - Purpose: tease out reimbursed vs. unreimbursed time; value add to patient/parents/insurer
  - Data collected by providers, care managers, patient navigators AND Parents
- Care Map<sup>6-8</sup>
  - Purpose: Visualize Complexity of family care integration work
- 5. Antonelli RC, Stille CJ, Antonelli DM. Care Coordination for Children and Youth With Special Health Care Needs: A Descriptive, Multisite Study of Activities, Personnel Costs, and Outcomes. *Pediatrics*. 2008;122(1):e216.
- 6. Belkin L. Gabe's Care Map: What It Really Takes To Care For One Boy With Special Needs. @huffpostparents. <u>https://www.huffpost.com/entry/gabes-care-map-special-needs-children-caregivers\_n\_2469564</u>. Published 2013. Updated 2013-01-18. Accessed.
- 7. Adams S, Nicholas D, Mahant S, et al. Care maps and care plans for children with medical complexity. *Child: Care, Health and Development.* 2019;45(1):104-110.
- 8. Dharmaraj B, Adams S, Beatty M, et al. The Use of Online Care-Maps for Children with Medical Complexity. *Paediatrics & Child Health*. 2021;26(Supplement\_1):e59-e60.

Care Map → Visualize Complexity of family care integration work





#### Jenetta Thomas



## Sierra Smith



#### **Cincinnati Children's Hospital Medical Center Spina Bifida Center:** NATIONAL CARE COORDINATION ACADEMY EXPERIENCE Jenetta Thomas RNII, CPN, BSN, MPH 513-636-8059 <u>Jenetta.Thomas@cchmc.org</u>

April 2019 – August 2019 : Pediatric Integrated Care Survey (PICS)
 Completed assessment of patient and family experience with care coordination in our multidisciplinary clinic.

**Goal:** To determine ways to support and engage patients and families during clinic and beyond (transition).

**Results**: Patients and families generally reported positive experiences with care coordination, but the survey identified areas of improvement surrounding resources, integration, and available supports between visits.

#### NATIONAL CARE COORDINATION ACADEMY

**Goal:** To build on the PICS data to learn of ways to engage and support families during and between clinic.

We learned of additional tools available to help assess clinic gaps:

- 1. **Family Engagement in Systems Assessment Tool (FESAT) -** This tool helps to assess how well families are being engaged in specific systems-level initiative, policies, or practice. Revealed areas to focus quality improvement efforts:
  - Need for family support due to the impact of the child's diagnosis.
  - Need for active tracking of lost to follow up and re-connecting them to clinic and care coordination services

**Results**: Improved scores post intervention(s).

2. Care Coordination Management Tool (CCMT) - used to help quantify care coordination activities and better understand care coordination supports needed specific to our patients and families.

**Results**: In progress – plan to institute Fall / Winter 2022

3. We are also working to **develop a registry** in our electronic health record (Epic) to help support care coordination and population health management efforts.



#### NATIONAL CARE COORDINATION ACADEMY



Through participation in the National Care Coordination Academy, we have been able to:

- Network with other multidisciplinary Spina Bifida clinics, providers and organizations.
- **Strengthen our relationship** with our local Spina Bifida Coalition which supported expansion to Eastern Ohio and West Virginia.
- Form relationship with Support Services at CHMC: (Ohio Parent 2 Parent and Family to Family)

#### Growth of our Spina Bifida Patient Advisory Committee:

- Advocacy for caregiver Covid-19 vaccine on Capitol Hill
- CHMC website content & photo update, diagnosis day brochure, clinic welcome packet
- Live clinic support with local Spina Bifida Coalition
- Library resources book delivery during clinic library story time
- Building considerations for accessible entry to clinic space
- Clinic scheduling adjustments

# Pediatric Care Coordination Curriculum, 2<sup>nd</sup> Edition

- An interprofessional resource to effectively engage patients and families in achieving optimal health outcomes (2<sup>nd</sup> Edition)
- Modules
  - High-Value Integrated Care Outcomes
    Depend on Care Coordination
  - Developing and Sustaining Strong Family/Professional Partnerships
  - Social Determinants of Health
  - Measurement
  - Using Technology to Improve Care Planning & Coordination
  - Evaluation

Pediatric Care Coordination Curriculum

Boston

#### Accessing the Archive of the HRSA Funded National Care Coordination Academy Resources



**Step 1:** Create an account on OPENPediatrics: <u>https://learn.openpediatrics.org/learn/register</u>

- Step 2: Log into your account and go to the user menu at top left
- Step 3: Choose My Channels
- **Step 4:** Enter <u>NCCA2022</u> into the Enrollment code option
- Step 5: Refresh the page
- Step 6: Access the platform that includes recorded lectures, slides, and supportive articles/links to tools.

Direct link to the NCCA page: <u>https://learn.openpediatrics.org/learn/dashboard/channel/103</u>

#### Care Coordination Technical Assistance Support



- If you have any questions about adapting and using any of the measurement tools, the *National Center for Care Coordination Technical Assistance (NCCTA) is available to assist*!
- Visit the NCCCTA website to learn more: <u>https://www.childrenshospital.org/integrated-</u> <u>care/national-center-care-coordination-technical-assistance</u>
- To request technical assistance email: NCCCTA@childrens.harvard.edu



1600 Wilson Blvd. Suit 800, Arlington VA 22209 Phone: (800) 621-3141 Fax: (202) 944-3295

Community Health Charities #10559 f spina.bifida.learn ♥ @SpinaBifidaAssn spinabifidaassociation.org